

Dining Guide

Over 60 restaurants, cafes & bistros, & specialty foods to choose from

RESTAURANTS

Welcome to Downtown Vernon!

RESTAURANTS Page 3 to 12

Including family dining, ethnic cuisine, fine dining, casual upscale eateries, pubs, bar and grills, fast foods, pizza, and more.



Amarin Thai Restaurant

Authentic Thai food with gluten free, vegetarian, and vegan options. Many of our items are spicy, please ask us if you are looking for mild dishes or extra spice. We offer take out and delivery. (250) 542-9300 amarinthairestaurant.com 2903 31st St



We still serve A&W Root Beer® in frosted mugs. Our onion rings are made fresh from whole onions every day. And our Burger Family burgers are still made with fresh, quality ingredients. (250) 549-4717 aw.ca 2740 30th St

CAFES & BISTROS Page 13 to 15

Including coffee shops, breakfast and lunch diners, light lunches, and more.

SPECIALTY FOODS Page 16 to 19

Including delis, butchers, cheese shops, smoothies, bubble tea, take out shops, ice cream & gelato, chocolate, candy, and more.



All efforts were made to display accurate information in this guide. Due to the changing nature of the food industry, we recommend contacting the businesses directly to confirm details.





Boa Thong Thai Food Restaurant

Our menu features authentic Thai dishes prepared by our Thai chefs. We have both mild and spicy dishes and most dishes can be ordered as vegetarian. Dine in, take out & delivery. (250) 542-1252 boathong.ca 3210 30th Ave

Dorian's Greek Taverna

Try something new and exotic today! At Dorian's we create authentic Greek cuisine. Everything is cooked fresh in house. Dine in or take out.

(250) 558-5100 doriansgreektaverna.ca 3224 30th Ave



Earls Restaurant

Earls is an upscale casual dining restaurant and bar. From the food and drinks to the art on the walls and design of our spaces, every location is a reflection of the community it's in. (250) 542-3370 earls.ca/locations/vernon 3101 Hwy 6 #101



Edo Japan

Satisfy your cravings with a sizzling hot teppanyaki meal fresh off the grill, or enjoy hand-rolled sushi, bubble tea, ramen, and more! A Canadian founded, Japanese-inspired restaurant chain. (250) 275-1588

edojapan.com/locations/vernon-fruit-union 3101 Hwy 6 #105C



Freshii

Freshii is a dynamic and innovative quick service restaurant dedicated to making delicious and nutritious food convenient and accessible. Vegetarian options or specific dietary preferences. (236) 600-1944 freshii.com 3101 Hwy 6 #115



Golden Crown Restaurant

Starting with the freshest ingredients available, we specialize in Chinese, Cantonese style cuisine from Guangdong province, one of the eight culinary traditions of Chinese cuisine. (236) 426-3389 goldencrownvernon.com 3006 28th Ave









Haveli Restaurant

With exotic ingredients & tonguetingling flavours, Indian cuisine is a world of taste combining techniques from other cuisines with magical spices for a titillating food experience. (250) 503-3033 haveliindiancuisinevernon.com 3102 30th Ave

Intermezzo Restaurant

Intermezzo is an elegant fine-dining experience, with everything made in house and from scratch. Our kitchen creates a combination of modern and classic cuisine from around the world. (250) 542-3853 intermezzowinecellar.com 3206 34th Ave

Italian Kitchen Restaurant

Truly special cuisine with Mediterranean flair, and the perfect atmosphere to meet with business associates, or spend time with your loved ones.

(250) 558-7899 italiankitchenvernon.com 2916 30th Ave

Jade Asian Kitchen

Innovative Asian fusion cuisine using the finest ingredients and authentic recipes. Our diverse menu also includes Japanese sushi and Canadian comfort foods you have come to know and love. (236) 996-8828 jadeasiankitchen.com 3022 30th Ave



J-Don

We serve 'donburi' styled delicious Japanese cuisine in a fast-food environment. Donburi means bowl, a traditional casual meal in Japan. Cha Chai Tea store opens inside Sat. & Sun. (250) 558-6939 jdoncafe.com 2900 30th Ave



Kiki Gardens

Authentic Chinese and western cuisine. A local favourite. In addition to enjoying the daily buffet, Judy invites you to try her new menu items, one of her speciality dishes, or to order for take out. (250) 545-2757 kikigardens.com 3411 30th Ave



Jealous Pizza

With an intent to bring authentic pizzas and donairs to the Okanagan Valley, we offer one of the finest pizzas and donairs in Vernon and it's our dedication to serving you the best food! (778) 475-1400 jealouspizza.com 3101 Hwy 6 #102



Kawakubo

KFC

Fine Japanese cuisine. Sushi. Sake. Organic.

(778) 475-7887 kawakubo-vernon.com 3315 30th Ave



We are the original fried chicken experts. We're proud to serve wholesome, abundant, hot meals made with high-quality fresh chicken, freshly prepared by real cooks in our kitchens. (250) 545-0741 kfc.ca 3110 32nd St







Little Caesars Pizza

Home of HOT-N-READY® pizza!

(250) 549-4646 littlecaesars.ca 3101 Hwy 6 # 113

Los Huesos Mexican Restaurant

Since 2008 we pride ourselves on our original menu of excellent Mexican cuisine, fresh and authentic Mexican flavors, and the most traditional Mexican entrees you can find outside of Mexico. (250) 275-4820 loshuesosrestaurant.com 2918 30th Ave

Mahoroba Restaurant

Japanese cuisine, including sushi. Vegetarian friendly, open for lunch and dinner.

(250) 558-0893 fb.me/mahorobavernon 2921 30th Ave



Masiero Pizzeria Napoletana

Delicious Neapolitan style pizza in our handmade wood oven from Napoli, Italy, a variety of appetizers & desserts all made in house. Local & international wines, cocktails & craft beers. (778) 239-6670 masiero.ca 3301 30th Ave # 105

We serve Korean and Japanese cuisine.

in our restaurant. That's why we source

our fresh seasonal and local ingredients

We refuse to compromise on quality





Raku Rice and Noodle Bar

RAKU Rice & Noodle Bar is an Asian fusion and tapas bar specialized in creating delicious personal plates and rice bowls to satisfy any craving that comes through our restaurant. (236) 426-1212 rakunoodlebar.com 3318 30th Ave

Rosalinda's Filipino Kitchen

Check out our family diner in beautiful downtown Vernon. Fresh baking, breads, buns, & pastries, all day breakfast, burgers, sandwiches, soups, dessert. Filipino menu items as well. (778) 475-6090 rosalinda.ca 2810 33rd St



Pepperich Pizza

(250) 308-8589

3112 30th Ave

ohkimsushi.com

OHKIM Sushi & Grill

from local farmers' markets.

Now that's what I call a pizza! Try us today & be impressed.

(236) 426-4900 instagram.com/pepperichpizza 3105 35th Ave



Pho Sate Restaurant Hot and authentic Vietnamese food, the best Vietnamese place in Vernon.

(778) 475-6112 pho-sate.com 2904 33rd St





Saffron Touch

Authentic Indian cuisine from family recipes, traditional cooking methods, & guality ingredients like saffron, a fragrant spice from the crocus flower. Try fresh naan bread from our clay oven. (250) 545-6588 saffrontouchcuisine.com 3010 30th Ave

Silverstar Brewing

(Formerly Marten Brewing Bar & Grill). Vernon's finest craft brewery with delicious food, pool tables, live entertainment & good vibes! Savour beers brewed on-site in the heart of downtown. (778) 475-5115 silverstarbrewing.com 2933A 30th Ave



Sir Winston's Pub

We are the perfect place for a delicious meal or your favorite beverage. Our two level pub has plenty of cozy places for friends to visit. Cool off on our roof-top patio or go inside to watch the big screen. (250) 549-3485 sirwinstons.ca 2705 32nd St



Sushi Kawa

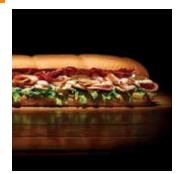
Best authentic & fusion Japanese restaurant in Vernon. We serve the best quality of diverse Japanese cuisine. Enjoy your freshest foods and experience our hospitality service. (250) 260-3558 sushi-kawa.ca 3107 32nd St



Station BBQ

Authentic slow-smoked BBQ is waiting for you!

(250) 260-6677 stationbbq.com 3131 29th St #101



Subway Sandwiches & Salads

From our customizable and signature sandwiches to wraps and salads, Subway® is simply an excellent choice for freshly made, convenient and affordable offerings. Bread baked fresh daily. (250) 545-7776 subway.com 3101 Hwy 6 #107



SUDA Korean Restaurant

Serving traditional Korean cuisine in a cozy cafe setting. Join us today or order online! Not sure what to order? Try our Bulgogi Japchae, Stone Pot Bibimbap, or Tteokbokki. (236) 426-4303 sudarestaurantcafe.com 3415 30th Ave





The Curry Pot Indian and Nepalese Cuisine Restaurant

Whether you love the softer flavors of curry & spices that we offer, or you want one of our flaming hot dishes to set your mouth afire, you will enjoy our meals. (250) 545-9195 indianrestaurantinvernonbc.ca 3007 37th Ave

The Kal Pub

Partnering with local producers to create comfort food we all love using the best ingredients. We are proud to offer you some of the best dishes in the Okanagan, with everything made in-house. (250) 549-1011 thekal.ca 3004 30th Ave

The Med

An eclectic selection of mouth watering cuisines from around the Mediterranean, served in a warm, environment evocative of it's European roots. Family owned & operated since 1997. (250) 558-4646 themedvernon.com 2915 - 30th Ave



The Phoenix Steakhouse

Taste. Service. Ambiance. Housed in the historic CIBC building on 30th Avenue, and serving AAA Angus Reserve Beef, certified Ocean Wise fish and seafood. local fine wines and the best scotch. (250) 260-1189 phoenixsteakhouseandbar.com 3117 30th Ave







Bean Scene Coffee House

Established 1994, proud server of Bean Around the World Coffee. Celebrating 30 amazing years!!

(250) 558-1817 beanvernon.ca 2923 30th Ave

Blenz Coffee

From our signature espresso to our top-grade organic matcha, our whole leaf teas to our single-origin Colombian chocolate, we truly believe in serving you a smile after every sip. (250) 545-9599 blenz.com 2706 30th Ave



Top Choice Pizza

The Rice Box

(250) 545-9929

3104C 27th St

thericebox.com

Locally owned and operated using only fresh high quality ingredients. Quality and consistency at a good price is our goal.

(250) 545-0555 topchoicepizza.com 3130 29th Ave





Eatology

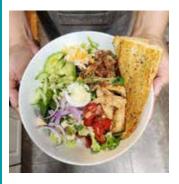
We're a quick service diner, serving fabulous breakfast & lunch options. We use fresh local ingredients in all our food. Vegetarian, gluten-free and vegan-friendly options always available. (236) 426-4400 eatology.ca 3100 30th St

Lunch Matters Breakfast Too

Cozy restaurant located in an old historic bank. All day breakfast specials. Homestyle food! Same great menu with exciting new items added. (250) 542-3814 fb.me/lunchmattersbreakfasttoo 2908 32nd St

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Midtown Bistro

Local ingredients combined with our small menu to ensure perfection.

(250) 308-7477 midtownbistro.ca 3024 30th Ave



Natures Fare Bistro

Local, organic & sustainable Ingredients. Famous fragrant soups, hearty sandwiches, wraps, inspired salads & entrees, cold pressed juices, glutenfree, vegan & all dietary needs. (250) 260-1117 naturesfare.com/find-a-store/vernon 3400 30th Ave #104



Ratio Coffee & Pastry

Many quick & delicious breakfast options. We're also passionate about coffee & tea. Our famous donuts Friday mornings! Juice Wall Restaurant & Wine Bar opens inside on Friday & Saturday nights. (250) 545-9800 ratiocoffee.ca 3101 29th St





The Fig

Healthy food. Made fast. We provide the highest quality food without having to sacrifice speed and convenience. Let us make healthy eating a quick and convenient part of your routine. (250) 558-5983 thefigbistro.ca 3407 30th Ave

The Mug and Muffin

Hands down the best breakfast you can get in Vernon. Huge serving size, fresh ingredients, incredible taste, friendly & welcoming owners. The prices are unbeatable.

(250) 558-4880 2801B 34th St

The Roxy Cafe

Vegetarian/vegan restaurant. At The Roxy Cafe we're slinging up vegan and vegetarian nirvana.

(250) 541-0207 fb.me/theroxycafebc 3008 31st St

Triumph Coffee

Serving outstanding coffee, food, beer, cocktails + people. Our contemporary, airy space serves as a community hub – where we refine our craft and fuel your day's purpose – whatever you do. (778) 475-1288 triumphcoffee.ca 3401 30th Ave



The Boarding House Cafe

Vernon's only board game cafe! Play over 300 titles in our comfortable cafe setting with amazing baked goods all made in house.

(250) 545-0117 fb.me/theboardinghousecafe 3101B 31st Ave



Bonsai Bagel

Booster Juice

an active lifestyle.

boosterjuice.com

(236) 426-4459

3101 Hwy 6

(Inside Little Plum Boutique). Montreal-style organic sourdough bagels. Half-dozens, tubs of signature cream cheese, & toasted bagels available in the cafe for dine in or take out. (250) 307-3836 bonsaibagels.ca 2913 30th Ave

As Canada's original juice and smoothie

incredibly delicious, convenient and

nutritious product, perfectly suited for

bar, we consistently deliver an







Dosa Crepe Cafe

Blending a fusion between south Indian dosa and French crepes to create an enticing and welcoming experience, our dosa is gluten free, vegan, and uses the freshest ingredients available. (778) 475-0151 vernon.dosacrepecafe.com 3101 Hwy 6 #104

Fine Kettle of Fish

Fresh fish & seafood market plus take out deli & grill. Burgers, sandwiches, pizza, soups & salads. Order fish & chips 1 hr. ahead. Fresh sushi Wednesdays & Fridays. Take out or delivery. (250) 545-5665 instagram.com/afinekettle 3408 31st Ave



Caken Me Crazy

Custom cakes, cupcakes & sweets for every occasion. We take pride in designing beautiful art in the form of cakes. We have a great variety of cake flavours, frostings and even fillings too. (778) 475-1011 cakenmecrazy.biz 3300 30th Ave



Cotton's Chocolates

Our premium Belgian chocolates are made by hand, on-site, and in small batches. We source premium-quality ingredients from around the world using local options whenever possible. (250) 503-2535 cottonschocolates.com 3334 30th Ave





Grillers Meats & Eats

We care what you eat! A family owned & operated, old-fashioned quality butcher shop with over 40 years of experience, we provide locally raised, high quality, hormone & antibiotic free meats. (250) 549-3100 grillersmeats.com 3405 30th Ave

La Carraia Gelateria Café

Home to 60 flavours of authentic Italian gelato, artisan coffee and delicious fresh baked goods, including a variety of pastries and savoury lunch options, all made in house. (250) 550-1908 lacarraiavernon.com 3050 29th Ave



Lollipop Lane

(Inside Vernon Teach and Learn). Home of \$2 ice cream cones, featuring: 24 flavours of hard ice cream, 24 flavours of soft-serve ice cream, custom loot bags & 25+ flavours of fudge. (250) 545-3611 vernonteachandlearn.com 3015 30th Ave

Marble Slab Creamery

Super premium ice cream made on

up on our legendary frozen slab!

location in 50 flavours. Choose your ice

cream, mixins, and cone and we'll mix it.

Yogurt, lactose free & vegan options too.





Teassential

Featuring unique in-house tea blends & teaware, our store is a space where customers feel comfortable exploring the world of tea! With over 140 quality teas we have something for everyone! (250) 306-8326 teassential.ca 3017B 30th Ave

The Hot Bread Shoppe

A small batch artisan bakery & gift shop, we're dedicated to the art of baking. Our mission: To create joy with handcrafted, freshly baked goods using the finest, natural ingredients. (236) 426-0333 hotbreadshoppe.ca 2901 31st St



Rich Tea Vernon

(778) 943-1943 marbleslab.ca

2907 32nd Street

Best bubble tea in town! Check out our unique snacks and food selections as well. Make your own customizable ramen or hot pot onsite with the Okanagan's first instant ramen machine. (778) 773-0893 richteavernon.com 3334 30 Ave #110



Samosa Joes

Hand made samosas & pakoras. Premium quality samosas in more varieties than anywhere in the Okanagan, made without deep frying for a healthier option. Try one and you'll be hooked! (250) 541-7611 samosajoes.ca 2905 33rd St



Come in to our fine cheese shop and discover flavourful and unique cheeses from all around the world. We love to support our Canadian cheesemakers with delightful choices from BC to PEI. (236) 426-2928 wedgecheesery.com 3026 30th Avenue

Yankee Flats Meats

Family farms to your family's table. We offer skillfully cut pork, poultry, beef, & lamb from small local farms, where animal health & wellbeing produces the tastiest, healthiest meats. (250)540-8944 yfmeats.ca 2908B 31st Ave

